

Y NURSERY

Schedule effective through 2009.

We are proud of our nursery and are sure that your children will enjoy it here! We care for children ages six months through five years.

HOURS

Monday-Thursday:

8:00 am to 2:00 pm

4:00 pm to 8:00 pm

Friday:

8:00 am to 2:00 pm

4:00 pm to 7:00 pm

Saturday:

8:00 am to 2:00 pm

TIME LIMIT

Children may be left for up to **two hours** per day (not to exceed eight hours a week).

Nursery is Free to children who are Facility Members

SIGN IN/SIGN OUT

Please give your name to the nursery attendant. Sign your child in and note the time and where you will be in case we need to speak with you. You will be given a beeper and your child will be given tag. If your child cries or seems distressed for more than ten minutes, we will beep you so that you may come and help your child. You must present your beeper to claim your child.

SNACKS

The YMCA cannot be responsible for preparing formulas or serving meals to the children in our care. We furnish saltine crackers and

water for children and ask that no other food be brought in. This is for the safety of your children. You may bring in baby bottles and sippy cups for babies, but please mark them well. You may also bring in juice for your children but it must be in a spill-proof cup with a lid.

BELONGINGS

If the child is not completely potty trained, he or she needs to be in a diaper or pull-up. Diapers for each child should be supplied by the parent. Please label all bags and diapers. Pacifiers must be attached to the child's clothing with a pacifier pal or the like. Personal toys are very difficult to keep up with in the nursery and we suggest you keep them at home. All children MUST be wearing socks (infants) or shoes/socks.

ILLNESS/CONTAGIOUS CONDITIONS

Any child who appears to have any illness or contagious condition including but not limited to—cold or cough, diarrhea or vomiting, nasal or ear discharge, fever, contagious rashes (chicken pox, impetigo, fifth's disease) or head lice— will be asked to be removed from our nursery. The child cannot return until he/she is symptom free or has a doctor's note stating that the child is not contagious. In any case, sick children should not return for 48 hours. YMCA staff will not distribute medication.

KIDS ONLY, PLEASE

Parents are not permitted in the nursery at any time during regular nursery hours.

STAY CLOSE

You must remain on the YMCA grounds at all times when using the nursery. This is in the best interest of your child.

IN THE EVENT OF AN EVACUATION

Parents should report to the nursery evacuation area as soon as they are safely outside the building. This area is located to the right of the main entrance. Our staff has been thoroughly trained on emergency procedures and will assist members and children in the event of an emergency. You will be able to sign your child out, if you so choose, at this location.

Go online to www.ymcacobb.org and click on 'Schedules' to view or download the current Northwest Y Nursery schedule.

Questions? Call Program Director Michele Varela at (770) 514-4362 or michelev@ymcacobb.org.

TIME OUT

This is the only form of discipline used in our nursery. Any child who shows aggressive behavior will be suspended for two weeks.

The YMCA expects members and guests to behave in an appropriate manner. Inappropriate behavior such as the use of foul language, dangerous play or fighting is unacceptable and may result in the termination of your membership privileges. Members will be held responsible for the conduct of any guests they bring to the YMCA.

